



At St Michael's CE Primary School, we recognise the importance of PE and the role it has to play in promoting long term, healthy lifestyles. We aim to provide a PE Curriculum that all pupils from Reception to Year 6 not only enjoy but also allows them to experience a range of activities that help them to develop their health, fitness and wellbeing. We intend to offer a high quality physical education curriculum that inspires all pupils to exceed and excel in competitive sport and other physically demanding activities, where they are given an opportunity to embed values such as fairness and respect. We want our pupils to appreciate the benefits of a healthy and physically active lifestyle.

## BIG IDEAS

**COLLABORATION** - I am a team player and understand the values of fairness and respect

**CHALLENGE** - I am physically active and challenge myself to be the best I can. I understand the importance of being healthy

**PERFORMANCE** - I am able to confidently demonstrate a range of skills and can evaluate my performance in order to improve.

## PE - IMPLEMENTATION

Our PE curriculum at St. Michael's CE Primary School is rooted firmly within the National Curriculum Programmes of Study and aims to provide a high-quality PE education. We use the GetSet4PE programme in order to provide progressive and sequenced lessons; which are inclusive to the whole children and where all pupils are appropriately challenged.

Activities start quickly in lessons and the use of strategies such as 'group stop' and 'peer review groups' rather than whole class watching a group enable all lessons to be as active and as reflective as possible.

We encourage children to try, fail, repeat and refine – where the children are all working towards the same outcome but through differentiated activities.

Staff and pupils are appropriately dressed and equipment is used effectively when required.